

House Study Bill 153

HOUSE FILE _____
BY (PROPOSED COMMITTEE ON
COMMERCE BILL BY
CHAIRPERSON PETERSEN)

Passed House, Date _____ Passed Senate, Date _____
Vote: Ayes _____ Nays _____ Vote: Ayes _____ Nays _____
Approved _____

A BILL FOR

1 An Act relating to health insurance coverage for diabetes
2 self-management training and education programs and providing
3 effective and applicability dates.
4 BE IT ENACTED BY THE GENERAL ASSEMBLY OF THE STATE OF IOWA:
5 TLSB 1989HC 83
6 av/nh/8

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1 1 Section 1. Section 514C.18, Code 2009, is amended to read
1 2 as follows:
1 3 514C.18 DIABETES COVERAGE.
1 4 1. Notwithstanding the uniformity of treatment
1 5 requirements of section 514C.6, a policy or contract providing
1 6 for third-party payment or prepayment of health or medical
1 7 expenses shall provide coverage benefits for the cost
1 8 associated with equipment, supplies, and self-management
1 9 training and education for the treatment of all types of
1 10 diabetes mellitus when prescribed by a physician licensed
1 11 under chapter 148. Coverage benefits shall include coverage
1 12 for the cost associated with all of the following:
1 13 a. Blood glucose meter and glucose strips for home
1 14 monitoring.
1 15 b. Payment for diabetes self-management training and
1 16 education only under all of the following conditions:
1 17 (1) The physician managing the individual's diabetic
1 18 condition certifies that such services are needed under a
1 19 comprehensive plan of care related to the individual's
1 20 diabetic condition to ensure therapy compliance or to provide
1 21 the individual with necessary skills and knowledge to
1 22 participate in the management of the individual's condition.
1 23 (2) The ~~diabetic diabetes~~ self-management training and
1 24 education program is certified by the Iowa department of
1 25 public health. The department shall consult with the American
1 26 diabetes association, Iowa affiliate, in developing the
1 27 standards for certification of diabetes education programs ~~as~~
~~1 28 follows:~~
1 29 ~~(a) Initial training shall cover up to that cover at least~~
1 30 ~~ten hours of initial outpatient diabetes self-management~~
1 31 ~~training within a continuous twelve-month period each year for~~
1 32 ~~each individual that meets any of the following conditions:~~
1 33 ~~diagnosed by a physician with any type of diabetes mellitus.~~
1 34 ~~(i) A new onset of diabetes.~~
1 35 ~~(ii) Poor glycemic control as evidenced by a glycosylated~~
~~2 1 hemoglobin of nine and five-tenths or more in the ninety days~~
~~2 2 before attending the training.~~
2 3 ~~(iii) A change in treatment regimen from no diabetes~~
~~2 4 medications to any diabetes medication, or from oral diabetes~~
~~2 5 medication to insulin.~~
2 6 ~~(iv) High risk for complications based on poor glycemic~~
~~2 7 control; documented acute episodes of severe hypoglycemia or~~
~~2 8 acute severe hyperglycemia occurring in the past year during~~
~~2 9 which the individual needed third-party assistance for either~~
~~2 10 emergency room visits or hospitalization.~~
2 11 ~~(v) High risk based on documented complications of a lack~~
~~2 12 of feeling in the foot or other foot complications such as~~
~~2 13 foot ulcer or amputation, pre-proliferative or proliferative~~
~~2 14 retinopathy or prior laser treatment of the eye, or kidney~~
~~2 15 complications related to diabetes, such as macroalbuminuria or~~
~~2 16 elevated creatinine.~~
2 17 ~~(b) An individual who receives the initial training shall~~

2 18 be eligible for a single follow-up training session of up to
2 19 ~~one hour each year.~~

2 20 2. a. This section applies to the following classes of
2 21 third-party payment provider contracts or policies delivered,
2 22 issued for delivery, continued, or renewed in this state on or
2 23 after July 1, 1999:

2 24 (1) Individual or group accident and sickness insurance
2 25 providing coverage on an expense-incurred basis.

2 26 (2) An individual or group hospital or medical service
2 27 contract issued pursuant to chapter 509, 514, or 514A.

2 28 (3) An individual or group health maintenance organization
2 29 contract regulated under chapter 514B.

2 30 (4) Any other entity engaged in the business of insurance,
2 31 risk transfer, or risk retention, which is subject to the
2 32 jurisdiction of the commissioner.

2 33 (5) A plan established pursuant to chapter 509A for public
2 34 employees.

2 35 (6) An organized delivery system licensed by the director
3 1 of public health.

3 2 b. This section shall not apply to accident-only,
3 3 specified disease, short-term hospital or medical, hospital
3 4 confinement indemnity, credit, dental, vision, Medicare
3 5 supplement, long-term care, basic hospital and
3 6 medical=surgical expense coverage as defined by the
3 7 commissioner, disability income insurance coverage, coverage
3 8 issued as a supplement to liability insurance, workers'
3 9 compensation or similar insurance, or automobile medical
3 10 payment insurance.

3 11 Sec. 2. EFFECTIVE AND APPLICABILITY DATES. This Act,
3 12 being deemed of immediate importance, takes effect upon
3 13 enactment and applies to the classes of third-party payment
3 14 provider contracts or policies specified in Code section
3 15 514C.18, as amended by this Act, that are delivered, issued
3 16 for delivery, continued, or renewed in this state on or after
3 17 July 1, 2009.

3 18 EXPLANATION

3 19 This bill amends Code section 514C.18 to provide that
3 20 required health coverage benefits for outpatient diabetes
3 21 self-management training include at least 10 hours of such
3 22 training each year for each individual diagnosed by a
3 23 physician with any type of diabetes mellitus. Currently such
3 24 coverage is required only for 10 hours of initial training for
3 25 each individual who meets one of the enumerated conditions.

3 26 The coverage requirements apply to classes of third-party
3 27 payment provider contracts or policies that are individual or
3 28 group accident and sickness insurance providing coverage on an
3 29 expense-incurred basis; individual or group hospital or
3 30 medical service contracts issued pursuant to Code chapter 509,
3 31 514, or 514A; individual or group health maintenance
3 32 organization contracts regulated under Code chapter 514B; any
3 33 other entity engaged in the business of insurance, risk
3 34 transfer, or risk retention, which is subject to the
3 35 jurisdiction of the commissioner of insurance; plans
4 1 established pursuant to Code chapter 509A for public
4 2 employees; and organized delivery systems licensed by the
4 3 director of public health.

4 4 The bill takes effect upon enactment and applies to the
4 5 classes of third-party payment provider contracts or policies
4 6 specified in Code section 514C.18 that are delivered, issued
4 7 for delivery, continued, or renewed in this state on or after
4 8 July 1, 2009.

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